

# February 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2 Weights- 2:35-4:00pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	3 Skills Practice- 2:30-3:30 OL/DL Skills- 2:30-3:30	4
5 End of Limited Contact	6 Weights- 2:35-4:00pm	7 Weights- 2:35-4:00pm FR Weights- 4-5:15pm MEN'S BASKETBALL 6:00pm vs. Silver Creek	8 Mulch Madness Mulch Sales Begins	9 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	10	11
12	13 Weights- 2:35-4:00pm	14 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	15 2-Hour Early Release	16 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	17	18
19	20 Weights- 2:35-4:00pm	21 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Mulch Calls- 5pm	22	23 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Coach's Dinner Party 6pm @ Group TBA	24	25
27	28	<p>Notes: If school is canceled, then the workout is canceled!</p> <p>If you are unable to attend the workouts, please contact Coach Bragg.</p> <p>Events marked in this color are activities for the incoming Freshmen</p> <p>Events marked in color are games we will attend &amp; cheer on our fellow Highlanders.</p> <p>Mulch sales begin Feb 8th. Sales will end March 17th. Please turn all forms into the FC Booster Club</p>				

# March 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Notes: If school is canceled, then the workout is canceled! If you are unable to attend the workouts, please contact Coach Bragg. Events marked in this color are activities for the incoming Freshmen Mulch sales end Mar 17th. Turn all forms into the FC boosters Weightroom will be open over spring break.			1	2 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	3	4
5	6 Weights- 2:35-4:00pm	7 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	8	9 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Mulch Calls- 5pm	10	11
12	13 Weights- 2:35-4:00pm	14 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Booster Club Meeting 7pm Bearmo's	15 Coach's Dinner Party 6pm @ Group TBA	16 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Mulch Calls- 5pm	17 Mulch Madness Order Forms Due	18
19	20 NO SCHOOL SPRING BREAK	21 NO SCHOOL SPRING BREAK	22 NO SCHOOL SPRING BREAK	23 NO SCHOOL SPRING BREAK	24 NO SCHOOL SPRING BREAK	25
26	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	29 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	30 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	31 NO SCHOOL SPRING BREAK	1

# April 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2 Limited Contact Begins	3 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	4 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	5	6 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	7	8
9	10 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	11 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm Booster Club Meeting 7pm Bearno's	12 BASEBALL New Albany @ 7pm	13 Senior and Junior Mulch Madness At Prosser	14 Mulch Madness At Prosser	15 Mulch Madness At Prosser
16 Mulch Madness At Prosser	17 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	18 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	19	20 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	21	22
23 SOS Camp At Columbus North 3pm Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	24 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	25 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	26 Coach's Dinner Party 6pm @ Group TBA	27 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	28	29
30 SOS Camp At Columbus North 3pm Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	1	<p>Notes: If school is canceled, then the workout is canceled!</p> <p>If you are unable to attend the workouts, please contact Coach Bragg.</p> <p>Events marked in this color are activities for the incoming Freshmen &amp; LIMITED CONTACT</p> <p>Events marked in color are games we will attend &amp; cheer on our fellow Highlanders.</p> <p>EVERYONE NEED TO HELP WITH MULCH MADNESS!!!</p> <p>Practice will end at 6:45pm, plan on picking up around 7:00pm.</p>				

# May 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Limited Contact 4:45-6:45pm	2 NO SCHOOL E-Learning Day	3 SOFTBALL Oldham @ 6pm	4 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Limited Contact 4:45-6:45pm	5	6
7 SOS Camp At Columbus North 3pm Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	8 Weights- 2:35-4:00pm Limited Contact 4:45-6:45pm	9 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Booster Club Meeting 7pm Bearnos	10 Limited Contact 4:45-6:45pm Freshmen Parent Meeting 7pm @ Stadium	11 Weights- 2:35-4:00pm FR Weights- 4-5:15pm TRACK/FIELD Men's HHC 6pm	12	13 End of Limited Contact
14 Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	15 Weights- 2:35-4:00pm	16 Weights- 2:35-4:00pm FR Weights- 4-5:15pm	17 Varsity Parent Meeting 7pm @ Cafeteria	18 Weights- 2:35-4:00pm FR Weights- 4-5:15pm TRACK/FIELD Men's Sectional 6pm	19	20
21 Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	22 Weights- 2:35-4:00pm Equipment Pick-up >85% Attendance	23 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Equipment Pick-up >60% Attendance	24 Equipment Pick-up All High School Players Coach's Dinner Party 6pm @ Group TBA	25 Weights- 2:35-4:00pm FR Weights- 4-5:15pm Equipment Pick-up Incoimng Freshmen	26	27
29	30 MEMORIAL DAY OFF	31 Weights- 2:35-4:00pm	Notes: If school is canceled, then the workout is canceled! If you are unable to attend the workouts, please contact Coach Bragg. Events marked in this color are activities for the incoming Freshmen & LIMITED CONTACT Events marked in color are games we will attend & cheer on our fellow Highlanders. Practice will end at 6:45pm, plan on picking up around 7:00pm.			

# June 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4 SOS Camp At North Central 2pm	5	6 Weights- 8:00-11:00am	7 Weights- 8:00-11:00am	8 Weights- 8:00-11:00am	9	10
11	12	13 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearno's	14 Weights- 8:00-11:00am Coach's Dinner Party 6pm @ Group TBA	15 Weights- 8:00-11:00am	16	17
18	19	20 Weights- 8:00-11:00am	21 Weights- 8:00-11:00am	22 Weights- 8:00-11:00am	23	24
25	26	27 Weights- 8:00-11:00am	28 Weights- 8:00-11:00am	29 Weights- 8:00-11:00am	30	1

**Notes:**

Players will meet at the stadium and need to be picked up from the stadium.

If there is implement weather, Remind for location of players.

If you are unable to attend the workouts, Contact Coach Bragg.

# July 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2 OFF Moratorium Week	3 OFF Moratorium Week	4 OFF Moratorium Week	5 OFF Moratorium Week	6 OFF Moratorium Week	7 OFF Moratorium Week	8 OFF Moratorium Week
9	10	11 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearno's	12 Weights- 8:00-11:00am Coach's Dinner Party 6pm @ Group TBA	13 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	14	15
16	17 Practice- 7-9pm	18 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	19 Weights- 8:00-11:00am Practice- 7-9pm	20 Weights- 8:00-11:00am Practice @ Whiteland 7:00pm, Bus- 5:30pm	21	22
23	24	25 Weights- 8:00-11:00am	26 Weights- 8:00-11:00am	27 Weights- 8:00-11:00am Parent Meeting 7pm @ Cafetria	28	29
31	<p>Notes:</p> <p>Players will meet at the stadium and need to be picked up from the stadium.</p> <p>If there is implement weather, Remind for location of players.</p> <p>If you are unable to attend the workouts, Contact Coach Bragg.</p>					

# August 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 <i>Practice times may change.</i>	31 Helmets 2:45pm-7:00pm Students First Day	1 Pro Pads 2:45pm-7:00pm	2 Pro Pads 2:45pm-7:00pm	3 Full Gear 2:45pm-7:00pm	4 Full Gear 2:45pm-6:30pm	5 <b>MEDIA DAY</b> 7:30am-6:00pm
6	7 Full Gear 2:45pm-7:00pm	8 Full Gear 2:45pm-7:00pm Booster Club Meeting 7pm Bearno's	9 Full Gear 2:45pm-7:00pm	10 Helmets 2:45pm-5:30pm Senior Dinner Night 6pm @ Coach's House	11 Scrimmage Game Charlestown Kickoff- 7:00pm In the House- 5:00pm	12 Gold Card Blitz 9:00am-2:00pm
13	14 Full Gear 2:45pm-6:30pm	15 Full Gear 2:45pm-6:30pm	16 Full Gear 2:45pm-6:30pm	17 Helmets 2:45pm-5:30pm Team Dinner- 5:30pm	18 At St. X (Louisville, KY) Kickoff- 7:30pm Bus- 4:45pm	19 FR.- St. Xavier 10am In the House- 8:30am JV- St. Xavier 11:30am
20	21 Full Gear 2:45pm-6:30pm	22 Full Gear 2:45pm-6:30pm	23 Full Gear 2:45pm-6:30pm	24 Helmets 2:45pm-5:30pm Team Dinner- 5:30pm	25 Terre Haute South Kickoff- 7:00pm In the House- 5:00pm	26 FR.- 8am Practice JV- BYE
27	28 Full Gear 2:45pm-6:30pm FR- Providence 6pm In the House- 4:30pm	29 Full Gear 2:45pm-6:30pm	30 Full Gear 2:45pm-6:30pm	31 Helmets 2:45pm-5:30pm Team Dinner- 5:30pm	Non-APC players will lift @ 2:35 M,T,TH Var. players- Saturday @ 9am. Except August 6th Implement weather, Remind for location of players. Freshmen are off all Fridays except August 5th. Unable to attend practice, Contact Coach Bragg.	

# September 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
<b>Notes:</b> Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays Varsity players will be in every Saturday @ 9am. Thursday- Compression & Gold Shorts If you are unable to attend practice, Contact Coach Bragg. <i>Practice times may change.</i>					Silver Creek Kickoff- 7:00pm In the House- 5:00pm	FR.- At Silver Creek 10am Bus- 8:30am <b>JV NEED A GAME</b>
3	Labor Day- No School Practice 8-Noon Freshmen- OFF	Full Gear 2:45pm-6:15pm	Pro Pads 2:45pm-6:30pm	Pro Pads 2:00pm-5:00pm Team Dinner- 5:30pm	Seymour Kickoff- 7:00pm In the House- 5:00pm	FR.- At Seymour 10am Bus- 8:00am JV- Brownstown 10am Bus- 8:00am
10	Full Gear 2:45pm-6:15pm	Full Gear 2:45pm-6:15pm Booster Club Meeting 7pm Bearno's	Pro Pads 2:45pm-6:30pm	Pro Pads 2:00pm-5:00pm Team Dinner- 5:30pm	At Jeffersonville Kickoff- 7:00pm Bus- 4:45pm	FR.- Jeffersonville 10am In the House- 8:30am JV- Jeffersonville 11:30am
17	Full Gear 2:45pm-6:15pm	Full Gear 2:45pm-6:15pm	Pro Pads 2:45pm-6:30pm	Pro Pads 2:00pm-5:00pm Team Dinner- 5:30pm	At Columbus East Kickoff- 7:00pm Bus- 4:00pm	FR.- Columbus East 10am In the House- 8:30am JV- Columbus East 11:30am
24	Full Gear 2:45pm-6:15pm	Full Gear 2:45pm-6:15pm	Pro Pads 2:45pm-6:30pm	Pro Pads 2:00pm-5:00pm Team Dinner- 5:30pm	Bedford N. Lawrence Kickoff- 7:00pm In the House- 5:00pm	FR.- At BNL 10am Bus- 7:30am JV- At BNL 11:30am Bus- 9:00am



# October 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Full Gear 2:00pm-6:00pm Freshmen- OFF <b>FALL BREAK</b>	3 Full Gear 2:00pm-6:00pm <b>FALL BREAK</b>	4 Pro Pads 2:00pm-6:00pm <b>FALL BREAK</b>	5 Pro Pads 2:00pm-5:00pm Team Dinner- 5:30pm <b>FALL BREAK</b>	6 Jennings County Kickoff- 7:00pm Bus- 4:00pm <b>FALL BREAK</b>	7 FR.- At Jennings Co. 10am Bus- 7:30am JV- At Jennings Co. 11:30am Bus- 7:30am
8	9 Full Gear 2:00pm-6:00pm <b>FALL BREAK</b>	10 Full Gear 2:00pm-6:00pm Booster Club Meeting 7pm Bearno's <b>FALL BREAK</b>	11 Pro Pads 2:00pm-6:00pm <b>FALL BREAK</b>	12 Pro Pads 2:00pm-5:30pm Team Dinner- 5:30pm <b>FALL BREAK</b>	13 At New Albany Kickoff- 7:00pm Bus- 5:00pm <b>FALL BREAK</b>	14 FR.- New Albany 10am In the House- 8:30am <b>JV NEED A GAME</b>
15	16 Full Gear 2:00pm-6:00pm	17 Full Gear 2:00pm-6:00pm	18 Pro Pads 2:00pm-6:00pm	19 Pro Pads 2:00pm-6:00pm	20 Sectional Round I	21
22	23 Full Gear 2:00pm-6:00pm	24 Full Gear 2:00pm-6:00pm	25 Pro Pads 2:00pm-6:00pm	26 Pro Pads 2:00pm-6:00pm Team Dinner- 5:30pm	27 Sectional Round II	28
29	30 Full Gear 2:45pm-5:45pm	31 Full Gear 2:45pm-5:45pm	Notes Varsity players will be in every Saturday @ 9am. Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays Freshmen will turn in equipment on the 14th after their game. Thursday- Gold Shorts			

# November 2023

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1 Pro Pads 2:45pm-5:30pm	2 Helmets 2:45pm-5:00pm  Team Dinner- 5:30pm	3 SECTIONAL CHAMPIONSHIP TBA	4
5	6	7 Booster Club Meeting 7pm Bearno's	8 NO SCHOOL VIRTUAL School Day	9	10 REGIONAL CHAMPIONSHIP TBA	11
12	13	14	15	16	17 SEMI-STATE CHAMPIONSHIP TBA	18
19 FOOTBALL BANQUET 3:00pm @ Huber's	20	21	22	23	24	25 5A STATE CHAMPIONSHIP TBA
27	28	29	30			3 <i>Practice times may change.</i>