

# April 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 <b>NO SCHOOL SPRING BREAK</b>	2
3	4 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	5 Weights- 2:35-3:30pm	6	7 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	8	9
10	11 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	12 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearno's	13 <b>BASEBALL New Albany @ 7pm</b>	14 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	15	16
17	18 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	19 Weights- 2:35-3:30pm	20	21 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	22	23
24 <b>Incoming Freshmen</b> 7 on 7 @ New Albany 7-8:45pm	25 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	26 Weights- 2:35-3:30pm	27 Freshmen Dinner Night 6pm @ Coach's House	28 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	29	30
1	2	Notes: If school is canceled, then the workout is canceled! If you are unable to attend the workouts, please contact Coach Bragg. <b>Events marked in color are games we will attend &amp; cheer on our fellow Highlanders.</b> Practice will end at 6:45pm, plan on picking up around 7:00pm.				

# May 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 7-8:45pm	2 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	3 <b>NO SCHOOL</b> <b>E-Learning Day</b>	4	5 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	6	7
8 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 7-8:45pm	9 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	10 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearno's	11	12 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm Freshmen Parent Meeting 7pm @ Stadium	13	14
15 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 7-8:45pm	16 Weights- 2:35-3:30pm	17 Weights- 2:35-3:30pm	18 Varsity Parent Meeting 7pm @ Cafeteria	19 Weights- 2:35-3:30pm	20	21
22	23 Weights- 2:35-3:30pm Equipment Pick-up >85% Attendance	24 Weights- 2:35-3:30pm Equipment Pick-up >60% Attendance	25 Sr.-Jr. Dinner Night 6pm @ Coach's House	26 Weights- 2:35-3:30pm Equipment Pick-up Incoimng Freshmen	27	28
29	30 <b>MEMORIAL DAY</b> <b>OFF</b>	31 Weights- 2:35-3:30pm Equipment Pick-up All Players	Notes: If school is canceled, then the workout is canceled! If you are unable to attend the workouts, Contact Coach Bragg. Practice will end at 6:45pm, plan on picking up around 7:00pm.			

# June 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 Labor Day OFF	31	1	2	3	4
5	6 Weights- 8:00-11:00am	7 Weights- 8:00-11:00am	8	9 Weights- 8:00-11:00am	10	11
12	13 Weights- 8:00-11:00am Sophomore Dinner Night 6pm @ Coach's House	14 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearno's	15	16 Weights- 8:00-11:00am	17	18
19	20 Weights- 8:00-11:00am	21 Weights- 8:00-11:00am	22	23 Weights- 8:00-11:00am	24	25
26	27 Weights- 8:00-11:00am	28 Weights- 8:00-11:00am	29	30 Weights- 8:00-11:00am	1	2

**Notes:**

Players will meet at the stadium and need to be picked up from the stadium.

If there is implement weather, keep Remind for location of players.

If you are unable to attend the workouts, Contact Coach Bragg.

# July 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	4 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	5 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	6 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	7 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	8 <b>OFF</b> <b>Moratorium</b> <b>Week</b>	9 <b>OFF</b> <b>Moratorium</b> <b>Week</b>
10	11 Weights- 8:00-11:00am	12 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearno's	13	14 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	15	16
17	18 Weights- 8:00-11:00am	19 Weights- 8:00-11:00am Freshmen Dinner Night 6pm @ Coach's House	20	21 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	22	23
24	25 Weights- 8:00-11:00am	26 Weights- 8:00-11:00am	27	28 Weights- 8:00-11:00am	29	30
31	<b>Notes:</b> Players will meet at the stadium and need to be picked up from the stadium. If there is implement weather, keep Remind for location of players. If you are unable to attend the workouts, Contact Coach Bragg.					

# August 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 <i>Practice times may change.</i>	1 Helmets 2:45pm-7:00pm	2 Pro Pads 2:45pm-7:00pm Students First Day	3 Pro Pads 2:45pm-7:00pm	4 Full Gear 2:45pm-7:00pm	5 Full Gear 2:45pm-6:30pm	6 MEDIA DAY 7:30am-6:00pm
7	8 Full Gear 2:45pm-7:00pm	9 Full Gear 2:45pm-7:00pm Booster Club Meeting 7pm Bearno's	10 Full Gear 2:45pm-7:00pm	11 Helmets 2:45pm-5:30pm Senior Dinner Night 6pm @ Coach's House	12 Scrimmage Game At Charlestown Kickoff- 7:00pm Bus- 4:45pm	13 Gold Card Blitz 9:00am-2:00pm
14	15 Full Gear 2:45pm-6:15pm	16 Full Gear 2:45pm-6:15pm	17 Full Gear 2:45pm-6:30pm	18 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm	19 Male (Louisville, KY) Kickoff- 7:30pm In the House 5:00pm	20 FR.- @ Heritage Hills 11am Bus- TBA JV- BYE
21	22 Full Gear 2:45pm-6:15pm	23 Full Gear 2:45pm-6:15pm	24 Full Gear 2:45pm-6:30pm	25 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm	26 At Manual (Louisville, KY) Kickoff- 7:00pm Bus- 4:45pm	27 FR.- 8am Practice JV- Salem 10am
28	29 Full Gear 2:45pm-6:15pm FR.- @ Providence 6pm Bus- 4:45pm	30 Full Gear 2:45pm-6:15pm	31 Full Gear 2:45pm-6:30pm	Notes: Non-APC players will lift @ 2:35 M,T,TH Varsity players will be in every Saturday @ 9am. Except August 6th If there is implement weather, keep Remind for location of players. Freshmen are off all Fridays except August 5th. If you are unable to attend the workouts, Contact Coach Bragg.		

# September 2022

# HIGHLANDER FOOTBALL

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

28	29	30	31	1	2	3
<b>Notes:</b> Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays Varsity players will be in every Saturday @ 9am.				<b>Helmets</b> 2:45pm-5:00pm <b>Team Dinner- 5:30pm</b>	<b>At Silver Creek</b> <b>Kickoff- 7:00pm</b> <b>Bus- 4:45pm</b>	<b>FR.- Silver Creek 10am</b> <b>JV- Silver Creek 11:30am</b>
<b>Thursday- Compression &amp; Gold Shorts</b> If you are unable to attend practice, Contact Coach Bragg.						
<b>4</b>	<b>5</b> <b>Labor Day- No School</b> <b>Practice 8-Noon</b> <b>Freshmen- OFF</b>	<b>6</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>7</b> <b>Pro Pads</b> 2:45pm-6:30pm	<b>8</b> <b>Helmets</b> 2:45pm-5:00pm <b>Team Dinner- 5:30pm</b>	<b>9</b> <b>At Seymour</b> <b>Kickoff- 7:00pm</b> <b>Bus- 4:00pm</b>	<b>10</b> <b>FR.- Seymour 10am</b> <b>JV- Seymour 11:30am</b>
<b>11</b>	<b>12</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>13</b> <b>Full Gear</b> 2:45pm-6:15pm <b>Booster Club Meeting</b> <b>7pm Bearno's</b>	<b>14</b> <b>Pro Pads</b> 2:45pm-6:30pm	<b>15</b> <b>Helmets</b> 2:45pm-5:00pm <b>Team Dinner- 5:30pm</b>	<b>16</b> <b>Jeffersonville</b> <b>Kickoff- 7:00pm</b> <b>In the House- 5:00pm</b>	<b>17</b> <b>FR.- @ Jeffersonville</b> <b>10am Bus- TBA</b> <b>JV- @ Jeffersonville</b> <b>11:30am Bus- TBA</b>
<b>18</b>	<b>19</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>20</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>21</b> <b>Pro Pads</b> 2:45pm-6:30pm	<b>22</b> <b>Helmets</b> 2:45pm-5:00pm <b>Team Dinner- 5:30pm</b>	<b>23</b> <b>Columbus East</b> <b>Kickoff- 7:00pm</b> <b>In the House- 5:00pm</b>	<b>24</b> <b>FR.- @ Columbus East</b> <b>10:00am Bus-TBA</b> <b>JV- @ Columbus East</b> <b>11:30am Bus- TBA</b>
<b>25</b>	<b>26</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>27</b> <b>Full Gear</b> 2:45pm-6:15pm	<b>28</b> <b>Pro Pads</b> 2:45pm-6:30pm	<b>29</b> <b>Helmets</b> 2:45pm-5:00pm <b>Team Dinner- 5:30pm</b>	<b>30</b> <b>At Bedford N. Lawrence</b> <b>Kickoff- 7:00pm</b> <b>Bus- 3:45pm</b>	<b>Practice times may change.</b>

# October 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1 FR.- BNL 10am JV- BNL 11:30am Bus- 9:00am
2	3 Full Gear 2:45pm-6:15pm Freshmen- OFF <b>FALL BREAK</b>	4 Full Gear 2:45pm-6:15pm <b>FALL BREAK</b>	5 Pro Pads 2:45pm-6:15pm <b>FALL BREAK</b>	6 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm <b>FALL BREAK</b>	7 at Jennings County Kickoff- 7:00pm Bus- 4:00pm <b>FALL BREAK</b>	8 FR.- Jennings Co. 10am JV- St. Xavier 12:00pm
9	10 Full Gear 2:45pm-6:15pm <b>FALL BREAK</b>	11 Full Gear 2:45pm-6:15pm Booster Club Meeting 7pm Bearno's <b>FALL BREAK</b>	12 Pro Pads 2:45pm-6:15pm <b>FALL BREAK</b>	13 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm <b>FALL BREAK</b>	14 New Albany Kickoff- 7:00pm In the House- 5:00pm <b>FALL BREAK</b>	15 FR.- @ New Albany 10am Bus-8:45 JV.- @ New Albany 11:30am Bus-10:15am
16	17 Full Gear 2:45pm-6:15pm	18 Full Gear 2:45pm-6:15pm	19 Full Gear 2:45pm-6:15pm	20 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm	21 Sectional Round I	22
23	24 Full Gear 2:45pm-5:45pm	25 Full Gear 2:45pm-5:45pm	26 Full Gear 2:45pm-5:45pm	27 Helmets 2:45pm-5:00pm Team Dinner- 5:30pm	28 Sectional Round II	29
30	31	<i>Notes</i> Varsity players will be in every Saturday @ 9am. Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays Freshmen will turn in equipment on the 15th after their game.				
					Thursday- Compression & Gold Shorts <i>Practice times during break may change.</i>	

# November 2022

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Full Gear 2:45pm-5:30pm	2 Pro Pads 2:45pm-5:30pm	3 Helmets 2:45pm-5:00pm <i>Team Dinner- 5:30pm</i>	4 SECTIONAL CHAMPIONSHIP TBA	5
6	7	8 Booster Club Meeting 7pm Bearno's	9 <b>NO SCHOOL</b> <b>VIRTUAL School Day</b>	10	11 REGIONAL CHAMPIONSHIP TBA	12
13	14	15	16	17	18 SEMI-STATE CHAMPIONSHIP TBA	19
20 FOOTBALL BANQUET 3:00pm @ Huber's	21	22	23	24	25	26 5A STATE CHAMPIONSHIP TBA
27	28	29	30			31 <i>Practice times may change.</i>