

# January 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 No School Winter Break	2 No School Winter Break	3 Teacher Work Day Winter Break	4 Students First Day Weights- 2:35-3:30pm OL/DL Skills- 4-5pm	5 Men's B-Ball Corydon Central 7:30pm	6 Women's B-Ball New Albany 7:30pm
7	8 Weights- 2:35-3:30pm Skills- 2:30-3:30pm	9 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearno's FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	10 Skills- 2:30-3:30pm	11 Weights- 2:35-3:30pm M/Women's Wrestling Southridge - 6:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	12	13
14 Indiana Showcase Noblesville, IN 11:00pm-2:00pm	15 No School Martin Luther King Day	16 Weights- 2:35-3:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	17 Skills- 2:30-3:30pm	18 Weights- 2:35-3:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	19	20
21	22 Weights- 2:35-3:30pm Skills- 2:30-3:30pm	23 Weights- 2:35-3:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	24 Skills- 2:30-3:30pm	25 Weights- 2:35-3:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	26	27
28 <i>Practice times may change.</i>	29 Weights- 2:35-3:30pm Freshmen Parent Meeting 7pm @ Stadium Skills- 2:30-3:30pm	30 Weights- 2:35-3:30pm FR Weights- 4-5:15pm OL/DL Skills- 4-5pm	31 Coach's Dinner Party 6pm @ Group 1	<div style="display: flex; justify-content: space-between;"> <span>1</span> <span>2</span> <span>3</span> </div> <p>Notes: If school is canceled, then the workout is canceled!</p> <p>If you are unable to attend the workouts, please contact Coach Bragg.</p> <p>Events marked in this color are activities for the incoming Freshmen Games we will attend &amp; cheer on our fellow Highlanders.</p>		

# February 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
Notes: If school is canceled, then the workout is canceled!				Weights- 2:35-3:30pm		
If you are unable to attend the workouts, please contact Coach Bragg.						
Events marked in color are games we will attend & cheer on our fellow Highlanders.				FR Weights- 4-5:15pm		
Events marked in this color are activities for the incoming Freshmen				OL/DL Skills- 4-5pm		
4	5 Weights- 2:35-3:30pm	6 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	7	8 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	9	10
11	12 Weights- 2:35-3:30pm	13 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearnos FR Weights- 4-5:15pm	14	15 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	16	17
18	19 Weights- 2:35-3:30pm	20 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	21 Men's B-Ball Columbus East, 7:30pm	22 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	23	24
25	26 Weights- 2:35-3:30pm	27 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	28 Coach's Dinner Party 6pm @ Group 2	29 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	1	2 <i>Practice times may change.</i>

# March 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	1	2
Notes: If school is canceled, then the workout is canceled!			Weightroom will be open over Spring Break.			
If you are unable to attend the workouts, please contact Coach Bragg						
Events marked in this color are activities for the incoming Freshmen						
3	4 Weights- 2:35-3:30pm	5 Weights- 2:35-3:30pm  FR Weights- 4-5:15pm	6	7 Weights- 2:35-3:30pm  FR Weights- 4-5:15pm	8	9
10	11 Weights- 2:35-3:30pm  Start Selling Mulch	12 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearnos FR Weights- 4-5:15pm	13  Coach's Dinner Party 6pm @ Group 3	14 Weights- 2:35-3:30pm Softball Silver Creek, 6pm FR Weights- 4-5:15pm	15	16
17	18 NO SCHOOL SPRING BREAK	19 NO SCHOOL SPRING BREAK	20 NO SCHOOL SPRING BREAK	21 NO SCHOOL SPRING BREAK	22 NO SCHOOL SPRING BREAK	23
24	25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	27 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	28 NO SCHOOL SPRING BREAK Weights- 8:30-10:30am	29 NO SCHOOL SPRING BREAK	30 Baseball South Dearborn, 11am
31	1	<i>Practice times may change.</i>				

# April 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Limited Contact Begins	1 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	2 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	3 Softball N. Harrison, 5:30pm	4 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	5	6
7	8 Afternoon E-Learning Day	9 Weights- 2:35-3:30pm Booster Club Meeting 7pm Bearnos FR Weights- 4-5:15pm	10 Limited Contact 4:45-6:45pm	11 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	12	13
14	15 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	16 Weights- 2:35-3:30pm FR Weights- 4-5:15pm	17	18 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	19 Baseball Columbus. North, 6pm	20
21 SOS Camp 3pm At Columbus North Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	22 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	23 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	24 Coach's Dinner Party 6pm @ Group 1	25 Mulch Madness At Prosser	26 Mulch Madness At Prosser	27 Mulch Madness At Prosser
28 SOS Camp 3pm At Columbus North Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	29 Weights- 2:35-3:30pm	30 Weights- 2:35-3:30pm Limited Contact 4:45-6:45pm	1 2 3 4 Notes: If school is canceled, then the workout is canceled! If you are unable to attend the workouts, please contact Coach Bragg. Events marked in color are games we will attend & cheer on our fellow Highlanders. Practice will end at 6:45pm, plan on picking up around 7:00pm. <b>EVERYONE NEEDS TO HELP WITH MULCH MADNESS!!!</b>			

# May 2024

# HIGHLANDER FOOTBALL

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28		29	30	1	2	3	4
If you are unable to attend the workouts, please contact Coach Bragg.					Weights- 2:35-3:30pm		
Marked in color are games we will cheer on our fellow Highlanders.				Limited Contact			
Practice will end at 6:45pm, plan on picking up around 7:00pm.				4:45-6:45pm	FR Weights- 4-5:15pm		
5	6	7	8	9	10	11	
SOS Camp 3pm At Columbus North	Weights- 2:35-3:30pm	NO SCHOOL E-Learning Day		Weights- 2:35-3:30pm		End of Limited Contact	
Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	Unified Track 5pm		Limited Contact 4:45-6:45pm	Limited Contact 4:45-6:45pm	Limited Contact 4:45-6:45pm		Freshmen Parent Meeting 7pm @ Stadium
12	13	14	15	16	17	18	
Mother's Day	Weights- 2:35-3:30pm	Weights- 2:35-3:30pm	Varsity Parent Meeting	Weights- 2:35-3:30pm			
Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm		Booster Club Meeting 7pm Bearn's	7pm @ Cafeteria	Track & Field Women's Sectional, 5pm	Track & Field Women's Sectional, 5pm		
		Track & Field Women's Sectional, 5pm		FR Weights- 4-5:15pm	FR Weights- 4-5:15pm		
19	20	21	22	23	24	25	
Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	Weights- 2:35-3:30pm	Weights- 2:35-3:30pm		Weights- 2:35-3:30pm			
		FR Weights- 4-5:15pm		FR Weights- 4-5:15pm			
26	27	28	29	30	31	1	
	MEMORIAL DAY OFF		Coach's Dinner Party 6pm @ Group 2	LAST DAY OF SCHOOL		Practice times may change.	

# June 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2 SOS Camp 2pm At North Central	3	4 Weights- 8:00-11:00am	5 Weights- 8:00-11:00am	6 Weights- 8:00-11:00am	7	8
9	10	11 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearnos	12 Weights- 8:00-11:00am Coach's Dinner Party 6pm @ Group 3	13 Weights- 8:00-11:00am	14	15
16	17	18 Weights- 8:00-11:00am	19 Weights- 8:00-11:00am	20 Weights- 8:00-11:00am	21	22
23	24	25 Weights- 8:00-11:00am	26 Weights- 8:00-11:00am	27 Weights- 8:00-11:00am	28	29
30 OFF Moratorium Week	1	<p><b>Notes: Players will meet at the stadium and need to be picked up from the stadium.</b></p> <p><b>If there is implement weather, Remind for location of players</b></p> <p><b>If you are unable to attend the workout, Contact Coach Bragg.</b></p>				

*Practice times may change.*

# July 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 OFF Moratorium Week	1 OFF Moratorium Week	2 OFF Moratorium Week	3 OFF Moratorium Week	4 OFF Moratorium Week	5 OFF Moratorium Week	6 OFF Moratorium Week
7 SOS Camp 2pm At North Central	8	9 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearnos	10 Weights- 8:00-11:00am	11 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	12	13
14	15	16 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	17 Weights- 8:00-11:00am	18 Weights- 8:00-11:00am	19	20
21	22 CAMP WEEK Practice- 7-9:30pm	23 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	24 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	25 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	26	27
28	29 Coach's Dinner Party 6pm @ Freshmen	30	31 FIRST DAY OF SCHOOL	1 2 3 Notes: Players will meet at the stadium & need to be picked up from the stadium. If there is implement weather, Remind for location of players If you are unable to attend the workout, Contact Coach Bragg.		

# August 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
Non-APC players will lift @ 2:35 M,T,TH		Practice times may change.		Parent Meeting 7pm @ Cafetria		
Implement weather, Remind for location of players.						
Unable to attend practice, Contact Coach Bragg.						
4	5 Helmets 2:45pm-7:00pm First Day of Practice	6 Pro Pads 2:45pm-7:00pm	7 Pro Pads 2:45pm-7:00pm	8 Full Gear 2:45pm-7:00pm	9 Full Gear 2:45pm-6:30pm	10 MEDIA DAY 7:30am-6:00pm
11	12 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm	13 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm Booster Club Meeting 7pm Bearnos	14 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm	15 Pro Pads Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm Senior Dinner Night 6pm @ Coach's House	16 Scrimmage Game At Charlestown Kickoff- 7:00pm Bus- 4:30pm Freshmen - OFF	17 Gold Card Blitz 9:00am-2:00pm
18	19 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	20 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	21 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	22 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	23 St. Xavier (Louisville, KY) Kickoff- 7:00pm In the House- 5:00pm TBA	24 FR.- St. Xavier 10am Bus- 8:30am JV- St. Xavier 11:30am Bus- 9:00am
25	26 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	27 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	28 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	29 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	30 At Terre Haute South Kickoff- 7:00pm Bus- 1:00pm	31 FR.- TBA In the House- 8:30am JV- TBA In the House - 9am
1	2	Var. players- Saturday @ 9am. Except August 10th			Freshmen are off all Fridays except August 9th.	

# September 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Labor Day- No School</b> Varsity 8-Noon Freshmen- OFF	3 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	4 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	5 Pro Pads/ <b>Team Dinner</b> Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	6 At Silver Creek Kickoff- 7:00pm Bus - TBA	7 FR.- Silver Creek 10am In the House- 8:30am JV- Silver Creek 11:30am In the House - 9am
8	9 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	10 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm Booster Club Meeting 7pm Bearnos	11 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm Afternoon E-Learning Day	12 Pro Pads/ <b>Team Dinner</b> Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	13 At Seymour Kickoff- 7:00pm Bus - TBA	14 FR.- Seymour 10am In the House- 8:30am JV- Seymour 11:30am Bus- 9:00am In the House - 9am
15	16 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	17 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	18 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	19 Pro Pads/ <b>Team Dinner</b> Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	20 Jeffersonville Kickoff- 7:00pm In the House - 5pm Homecoming	21 FR.- At Jeffersonville 10am In the House- 8:30am JV- At Jeffersonville 11:30am Bus - TBA
22	23 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	24 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	25 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	26 Pro Pads/ <b>Team Dinner</b> Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	27 Columbus East Kickoff- 7:00pm In the House - 5pm Youth Night	28 FR.- At Columbus East 10am In the House- 8:30am JV- At Columbus East 11:30am Bus - TBA
29	30 Full Gear Freshmen- OFF Varsity- 2:00pm-6:00pm FALL BREAK	<p>1 2 3 4 5</p> <p>Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays</p> <p>Varsity players will be in every Saturday @ 9am.</p> <p>If you are unable to attend practice, Contact Coach Bragg.</p> <p>Practice times may change.</p>				

# October 2024

# HIGHLANDER FOOTBALL

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5	
Varsity players will be in every Saturday @ 9am. Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays <i>Practice times may change.</i>		Full Gear Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm <b>FALL BREAK</b>	Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm <b>FALL BREAK</b>	Pro Pads/ <b>Team Dinner</b> Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm <b>FALL BREAK</b>	At Bedford N. Lawrence Kickoff- 7:00pm Bus - TBA <b>FALL BREAK</b>	FR.- BNL 10am In the House - 8:30am JV- BNL 11:30am In the House - 9am	
6	7	8	9	10	11	12	
	Full Gear Freshmen- OFF Varsity- 2:00pm-6:00pm <b>FALL BREAK</b>	Full Gear Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm <b>FALL BREAK</b> Booster Club Meeting 7pm Bearno's	Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm <b>FALL BREAK</b>	Pro Pads/ <b>Team Dinner</b> Fresh- 2:00pm-6:00pm Varsity- 2:45pm-6:00pm <b>FALL BREAK</b>	At Jennings County Kickoff- 7:00pm Bus - TBA <b>FALL BREAK</b>	FR.- Jennings Co. 10am In the House - 8:30am JV- ennings Co. 11:30am In the House - 9am	
13	14	15	16	17	18	19	
	Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	Pro Pads/ <b>Team Dinner</b> Fresh- 2:00pm-6:00pm Varsity- 2:45pm-6:00pm	New Albany Kickoff- 7:00pm In the House - 5pm <b>SENIOR NIGHT</b>	FR.- At New Albany 10am Bus- 7:30am JV- At New Albany 11:30am Bus- 7:30am	
20	21	22	23	24	25	26	
	Full Gear Varsity- 2:45pm-5:45pm	Full Gear Varsity- 2:45pm-5:45pm	Full Gear Varsity- 2:45pm-5:45pm	Full Gear Varsity- 2:45pm-5:45pm	<b>SECTIONAL</b> <b>ROUND I</b>		
27	28	29	30	31	1 2		
	Full Gear Varsity- 2:45pm-5:45pm	Full Gear Varsity- 2:45pm-5:45pm	Full Gear Varsity- 2:45pm-5:45pm	Pro Pads/ <b>Team Dinner</b> 2:00pm-6:00pm	Freshmen will turn in equipment on the 19th after the New Albany game.		

# November 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1 SECTIONAL ROUND II	2
3	4 Pro Pads Varsity- 2:45pm-5:45pm	5 Pro Pads Varsity- 2:45pm-5:45pm	6 Pro Pads Varsity- 2:45pm-5:45pm	7 Pro Pads/ <b>Team Dinner</b> 2:00pm-6:00pm	8 SECTIONAL CHAMPIONSHIP TBA	9
10	11 Pro Pads TBA	12 Pro Pads TBA Booster Club Meeting 7pm Bearno's	13 Pro Pads TBA	14 Pro Pads/ <b>Team Dinner</b> TBA	15 REGIONAL CHAMPIONSHIP TBA	16
17	18 Pro Pads TBA	19 Pro Pads TBA	20 Pro Pads TBA	21 Pro Pads/ <b>Team Dinner</b> TBA	22 SEMI-STATE CHAMPIONSHIP TBA	23
24 FOOTBALL BANQUET 3:00pm @ Huber's	25 Pro Pads TBA	26 Pro Pads TBA	27 Pro Pads TBA	28 Pro Pads/ <b>Team Dinner</b> TBA	29	30 5A STATE CHAMPIONSHIP TBA

December 2024

# HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6	Notes				