

January 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 No School Winter Break	31 No School Winter Break	1 No School Winter Break	2 No School Winter Break	3 No School Winter Break	4 Winter Break
5 Winter Break	6 Teacher Work Day No School Winter Break	7 Student's First Day Weights- 2:35-3:15pm Line - 3:15-4:30pm	8	9 Weights- 2:35-3:15pm Skills - 3:15-4:30pm	10	11
12	13 Weights- 2:35-3:15pm	14 Weights- 2:35-3:15pm Booster Club Meeting 7pm Bearno's Line - 3:15-4:30pm	15	16 Weights- 2:35-3:15pm FR Weights- 4-5:15pm Line - 3:15-4:30pm	17	18
19 Indiana Showcase Indianapolis, IN 11:00pm-2:00pm	20 No School Martin Luther King Day	21 Weights- 2:35-3:15pm FR Weights- 4-5:15pm Line - 3:15-4:30pm	22 Coach's Dinner Party 6pm @ Group 1	23 Weights- 2:35-3:15pm FR Weights- 4-5:15pm Skill - 3:15-4:30pm	24	25
26	27 Weights- 2:35-3:15pm Freshmen Parent Meeting 7pm @ Stadium	28 Weights- 2:35-3:15pm FR Weights- 4-5:15pm Line - 3:15-4:30pm	29	30 Weights- 2:35-3:15pm FR Weights- 4-5:15pm Skill - 3:15-4:30pm	31	1

February 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3 Weights- 2:35-3:15pm	4 Weights- 2:35-3:15pm Line - 3:15-4pm FR Weights- 4-5:15pm	5	6 Weights- 2:35-3:15pm Skill - 3:15-4pm FR Weights- 4-5:15pm	7	8
9	10 Weights- 2:35-3:15pm	11 Weights- 2:35-3:15pm Booster Club Meeting 7pm Bearno's FR Weights- 4-5:15pm	12	13 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	14	15
16	17 Weights- 2:35-3:15pm	18 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	19 Coach's Dinner Party 6pm @ Group 2	20 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	21	22
23	24 Weights- 2:35-3:15pm	25 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	26	27 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	28	1

Notes: If school is canceled, then the workout is canceled!

If you are unable to attend the workouts, please contact Coach Bragg.

Events marked in this color are activities for the incoming Freshmen

Practice times may change

March 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1
2	3 Weights- 2:35-3:15pm	4 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	5	6 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	7	8
9	10 Weights- 2:35-3:15pm FC Youth Football 6pm Bearno's	11 Weights- 2:35-3:15pm Booster Club Meeting 7pm Bearno's FR Weights- 4-5:15pm	12 Coach's Dinner Party 6pm @ Group 3	13 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	14	15
16	17 Weights- 2:35-3:15pm	18 Weights- 2:35-3:15pm FR Weights- 4-5:15pm	19	20 NO SCHOOL SPRING BREAK	21 NO SCHOOL SPRING BREAK	22 SPRING BREAK
23 SPRING BREAK	24 NO SCHOOL SPRING BREAK	25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 SPRING BREAK
30	31	Notes: If school is canceled, then the workout is canceled! Events marked in this color are activities for the incoming Freshmen If you are unable to attend the workouts, please contact Coach Bragg.			Weightroom will be open over Spring Break.	

Practice times may change

April 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1 Weights- 2:35-3:15pm	2	3 Weights- 2:35-3:15pm	4	5
6	7 Weights- 2:35-3:15pm FC Youth Football 6pm Bearno's Limited Contact 4:45-6:45pm	8 Weights- 2:35-3:15pm Booster Club Meeting 7pm Bearno's Limited Contact 4:45-6:45pm	9	10 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	11	12
13	14 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	15 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	16 Coach's Dinner Party 6pm @ Group 4	17 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	18	19
20	21 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	22 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	23 Mulch Madness At Prosser	24 Mulch Madness At Prosser	25 Mulch Madness At Prosser	26 Mulch Madness At Prosser
27 Incoming Freshmen 7 on 7 @ New Albany 6:00pm - 7:30pm	28 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	29 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	30	1	2	3
Notes: If school is canceled, then the workout is canceled!			If you are unable to attend the workouts, please contact Coach Bragg.			
Events marked in this color are activities for the incoming Freshmen			Practice will end at 6:45pm, plan on picking up around 7:00pm.			
EVERYONE NEEDS TO HELP WITH MULCH MADNESS!!!			Practice times may change			

May 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 6:00pm - 7:30pm	28 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	29 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	30	1 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	2	3
4 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 6:00pm - 7:30pm	5 Weights- 2:35-3:15pm Limited Contact 4:45-6:45pm	6 NO SCHOOL E-Learning Day	7 Varsity Parent Meeting 7pm @ Cafeteria	8 Weights- 2:35-3:15pm Freshmen Parent Meeting 7pm @ Stadium FR Weights- 4-5:15pm	9	10
11 Mother's Day <u>Incoming Freshmen</u> 7 on 7 @ New Albany 6:00pm - 7:30pm	12 Weights- 2:35-3:15pm Equipment Pick-up >85% Attendance Youth Clinic 6-8	13 Weights- 2:35-3:15pm Equipment Pick-up >60% Attendance FR Weights- 4-5:15pm	14 Equipment Pick-up All High School Players	15 Weights- 2:35-3:15pm Equipment Pick-up Incoimng Freshmen FR Weights- 4-5:15pm	16	17 End of Limited Contact
18 <u>Incoming Freshmen</u> 7 on 7 @ New Albany 6:00pm - 7:30pm	19 Weights- 2:35-3:15pm	20 Weights- 2:35-3:15pm Track & Field Women's Sectional, 5pm FR Weights- 4-5:15pm	21 Coach's Dinner Party 6pm @ Group 5	22 Weights- 2:35-3:15pm Track & Field Men's Sectional, 5pm FR Weights- 4-5:15pm	23	24
25	26 MEMORIAL DAY OFF	27	28	29	30 LAST DAY OF SCHOOL	31
Notes: If school is canceled, then the workout is canceled!			If you are unable to attend the workouts, please contact Coach Bragg.			
Events marked in this color are activities for the incoming Freshmen EVERYONE NEEDS TO HELP WITH MULCH MADNESS!!!			Practice will end at 6:45pm, plan on picking up around 7:00pm. <i>Practice times may change</i>			

June 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Teacher Work Day No School	3 Weights- 8:00-11:00am	4 Weights- 8:00-11:00am	5 Weights- 8:00-11:00am	6	7
8	9 FC Youth Football 6pm Bearno's	10 Weights- 8:00-11:00am Booster Club Meeting 7pm Bearno's	11 Weights- 8:00-11:00am	12 Weights- 8:00-11:00am	13	14
15	16	17 Weights- 8:00-11:00am	18 Weights- 8:00-11:00am Coach's Dinner Party 6pm @ Group 6	19 Weights- 8:00-11:00am	20	21
22 Summer Showcase Noblesville, IN	23 CAMP WEEK Practice- 7-9:30pm	24 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	25 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	26 Weights- 8:00-11:00am Columbus North 5pm Bus- 3:00pm	27	28
29	30	1	2	3	4	5

Notes: Players will meet at the stadium and need to be picked up from the stadium.

If there is implement weather, Remind for location of players

If you are unable to attend the workout, Contact Coach Bragg.

Practice times may

July 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 OFF Moratorium Week	30 OFF Moratorium Week	1 OFF Moratorium Week	2 OFF Moratorium Week	3 OFF Moratorium Week	4 OFF Moratorium Week	5 OFF Moratorium Week
6	7 FC Youth Football 6pm Bearno's	8 Weights- 8:00-11:00am Team Meals Meeting 6pm Cafeteria	9 Weights- 8:00-11:00am	10 Weights- 8:00-11:00am	11	12
13	14	15 Weights- 8:00-11:00am	16 Weights- 8:00-11:00am Coach's Dinner Party 6pm @ Freshmen	17 Weights- 8:00-11:00am 7 on 7 @ St. Xavier 7:00pm, Bus- 5:30pm	18	19
20	21 CAMP WEEK Practice- 7-9:30pm	22 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	23 Weights- 8:00-11:00am CAMP WEEK Practice- 7-9:30pm	24 Weights- 8:00-11:00am TBA Bus- 3:00pm	25	26
27	28	29	30 FIRST DAY OF SCHOOL	31	1	2
Notes: Players will meet at the stadium and need to be picked up from the stadium. If there is implement weather, Remind for location of players				If you are unable to attend the workout, Contact Coach Bragg. <i>Practice times may change.</i>		

August 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30 FIRST DAY OF SCHOOL	31	1 TURKEY BOWL	2
3	4 Helmets 2:45pm-7:00pm First Day of Practice	5 Pro Pads 2:45pm-7:00pm	6 Pro Pads 2:45pm-7:00pm	7 Full Gear 2:45pm-7:00pm	8 Full Gear 2:45pm-6:30pm	9 MEDIA DAY 7:30am-6:00pm
10	11 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm	12 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm Booster Club Meeting 7pm Bearno's	13 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:45pm	14 Pro Pads Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm Senior Dinner Night 6pm @ Coach's House	15 Scrimmage Game Charlestown Kickoff- 7:00pm In the House- 5:00pm Freshmen - OFF	16 Gold Card Blitz 9:00am-2:00pm
17	18 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	19 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	20 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	21 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	22 At Warren East (KY) Kickoff- 9:00pm Bus- 4:00pm	23 FR.- St. Xavier 11am In the House- 9:30am JV- St. Xavier 1:30am In the House - 12pm
24	25 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	26 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	27 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	28 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	29 At Whiteland Kickoff- 7:00pm Bus- 3:30pm	30 FR- Whiteland 10am In the House- 8:30am JV- Whiteland 11:30am In the House - 9am
31	1 Labor Day- No School Varsity 8-Noon Freshmen- OFF	Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	At Silver Creek Kickoff- 7:00pm Bus - TBA	FR.- Silver Creek 10am In the House- 8:30am JV- Silver Creek 11:30am In the House - 9am
Non-APC players will lift @ 2:35 M,T,TH			Implement weather, Remind for location of players.			
Unable to attend practice, Contact Coach Bragg.			Var. players- Saturday @ 9am. Except August 10th			
Freshmen are off all Fridays except August 9th.						

Practice times may change.

September 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Labor Day- No School Varsity 8-Noon Freshmen- OFF	2 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	3 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	4 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	5 Silver Creek Kickoff- 7:00pm In the House - 5pm Youth Night	6 FR.- Silver Creek 10am In the House- 8:30am JV- Silver Creek 11:30am In the House - 9am
7	8 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	9 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm Booster Club Meeting 7pm Bearno's	10 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	11 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm Afternoon E-Learning Day	12 Seymour Kickoff- 7:00pm In the House - 5pm Homecoming	13 FR.- Seymour 10am In the House- 8:30am JV- Seymour 11:30am Bus- 9:00am In the House - 9am
14	15 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	16 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	17 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	18 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	19 At Jeffersonville Kickoff- 7:00pm Bus- 4:45pm	20 FR.- At Jeffersonville 10am In the House- 8:30am JV- At Jeffersonville 11:30am Bus - TBA
21	22 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	23 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	24 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:30pm	25 Pro Pads/Team Dinner Fresh- 2:45pm-6:00pm Varsity- 2:45pm-6:00pm	26 At Columbus East Kickoff- 7:00pm Bus- 4:00pm	27 FR.- At Columbus East 10am In the House- 8:30am JV- At Columbus East 11:30am Bus - TBA
28	29 Full Gear Freshmen- OFF Varsity- 2:00pm-6:00pm FALL BREAK	30 Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm FALL BREAK	1 Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm FALL BREAK	2 Pro Pads/Team Dinner Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm FALL BREAK	3 Bedford N. Lawrence Kickoff- 7:00pm In the House - 5pm FALL BREAK	4 FR.- At BNL 10am Bus- 8:30am JV- At BNL 11:30am Bus- 9:30am

Non-APC players will lift at 2:40pm Mondays, Tuesdays, Thursdays

Varsity players will be in every Saturday @ 9am.

If you are unable to attend practice, Contact Coach Bragg.

Practice times may change.

October 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 Full Gear Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm FALL BREAK	1 Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm FALL BREAK	2 Pro Pads/ Team Dinner Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm FALL BREAK	3 Bedford N. Lawrence Kickoff- 7:00pm In the House - 5pm FALL BREAK	4 FR.- At BNL 10am Bus- 8:30am JV- At BNL 11:30am Bus- 9:30am
5	6 Full Gear Freshmen- OFF Varsity- 2:00pm-6:00pm FALL BREAK	7 Full Gear Fresh- 2:00pm-6:00pm Varsity- 2:00pm-6:00pm FALL BREAK Booster Club Meeting 7pm Bearnos	8 Pro Pads Fresh- 2:00pm-5:30pm Varsity- 2:00pm-6:30pm FALL BREAK	9 Pro Pads/ Team Dinner Fresh- 2:00pm-6:00pm Varsity- 2:45pm-6:00pm FALL BREAK	10 Jennings County Kickoff- 7:00pm In the House - 5pm SENIOR NIGHT FALL BREAK	11 FR.- At Bloomington S. 10am Bus- 7:30am JV- At Bloomington S.11:30am In the House - 9am
12	13 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	14 Full Gear Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	15 Pro Pads Fresh- 2:45pm-5:30pm Varsity- 2:45pm-6:15pm	16 Pro Pads/ Team Dinner Fresh- 2:00pm-6:00pm Varsity- 2:45pm-6:00pm	17 At New Albany Kickoff- 7:00pm Bus-5:00pm	18 FR.- New Albany 10am Bus- 7:30am
19	20 Full Gear Varsity- 2:45pm-5:45pm	21 Full Gear Varsity- 2:45pm-5:45pm	22 Full Gear Varsity- 2:45pm-5:45pm	23 Full Gear Varsity- 2:45pm-5:45pm	24 SECTIONAL ROUND I	25
26	27 Full Gear Varsity- 2:45pm-5:45pm JV- Charlestwon 6pm In the House- 4:30pm	28 Full Gear Varsity- 2:45pm-5:45pm	29 Full Gear Varsity- 2:45pm-5:45pm	30 Pro Pads/ Team Dinner 2:00pm-6:00pm	31 SECTIONAL ROUND II	1
Non-APC players will lift @ 2:35 M,T,TH			Implement weather, Remind for location of players.			
Unable to attend practice, Contact Coach Bragg.			Var. players- Saturday @ 9am. Except August 10th			
Freshmen will turn in equipment on the 19th after the New Albany games.						
						Practice times may change.

November 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31 SECTIONAL ROUND II	1
2	3 Pro Pads Varsity- 2:45pm-5:45pm	4 Pro Pads Varsity- 2:45pm-5:45pm	5 Pro Pads Varsity- 2:45pm-5:45pm	6 Pro Pads/ Team Dinner 2:00pm-6:00pm	7 SECTIONAL CHAMPIONSHIP TBA	8
9	10 Pro Pads Varsity- 2:45pm-5:45pm	11 Pro Pads Varsity- 2:45pm-5:45pm Booster Club Meeting 7pm Bearno's	12 Pro Pads Varsity- 2:45pm-5:45pm	13 Pro Pads/ Team Dinner 2:00pm-6:00pm	14 REGIONAL CHAMPIONSHIP TBA	15
16	17 Pro Pads Varsity- 2:45pm-5:45pm	18 Pro Pads Varsity- 2:45pm-5:45pm	19 Pro Pads Varsity- 2:45pm-5:45pm	20 Pro Pads/ Team Dinner 2:00pm-6:00pm	21 SEMI-STATE CHAMPIONSHIP TBA	22
23 FOOTBALL BANQUET TBA	24 Pro Pads TBA	25 Pro Pads TBA THANKSGIVING	26 Pro Pads TBA THANKSGIVING	27 Pro Pads/ Team Dinner TBA THANKSGIVING	28 5A STATE CHAMPIONSHIP TBA	29

December 2025

HIGHLANDER FOOTBALL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
4	5	<i>Notes</i>				